

THE ABBEY LODGE - GLUTEN FREE MENU

GLUTEN FREE STARTERS

HOMEMADE CHICKEN LIVER PATE WITH TOAST AND ONION CHUTNEY (7,9,12)	£8.75
PRAWN COCKTAIL WITH BROWN BREAD AND BUTTER (3,4,5,7)	£8.75
BATTERED MUSHROOMS WITH GARLIC MAYONNAISE (1,4,7,9,13,14)	£7.95

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GLUTEN FREE MAIN COURSES

BATTERED CHICKEN GOUJONS WITH CHIPS AND SALAD CHOICE OF BBQ, SWEET CHILLI, GARLIC MAYONNAISE DIPS (7,9,13,14)	£17.50
HOME BAKED HAM WITH 2 FRIED EGGS AND CHIPS (4)	£14.25
3 EGG OMELETTE WITH CHIPS AND SALAD CHOICE OF CHEESE, HAM, TOMATO, MUSHROOM (4,7,9)	£15.50
BATTERED HADDOCK FILLET WITH CHIPS GARDEN OR MUSHY PEAS (4,5,9,13,14)	£18.25
8 OZ RIBEYE STEAK	£29.50
8OZ FILLET STEAK	£35.95
8OZ GAMMON STEAK - 2 FRIED EGGS OR PINEAPPLE	£24.95
HOMEMADE 3 BEAN CHILLI WITH RICE AND NACHOS (1)	£17.50
HOMEMADE SPINACH, CHICKPEA AND BUTTERNUT SQUASH CURRY WITH RICE AND POPPADUM (1)	£15.95
ASPARAGUS, BROAD BEAN AND GARLIC RISOTTO (7)	£17.25

GLUTEN FREE DESSERTS

STICKY TOFFEE PUDDING – WITH CUSTARD, CREAM OR ICE CREAM (4,7) £8.25

HOMEMADE CRÈME BRULÉE WITH FRESH BERRIES (4,7) £7.95

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ICE CREAM SUNDAES

ALL £8.25

½ PORTION £5.25

MINT CHOC CHIPS SUNDAE (4,7)

MINT CHOC CHIP ICE CREAM, CHOCOLATE SAUCE, MINT WAFERS TOPPED WITH WHIPPED CREAM

BANOFFEE SUNDAE (4,7)

BANOFFEE ICE CREAM, TOFFEE SAUCE, BANANA CHIPS AND WHIPPED CREAM

MARSHMALLOW AND TOFFEE (4,7)

TOFFEE ICE CREAM, TOFFEE SAUCE, WHIPPED CREAM AND MARSHMALLOWS

CRUSHED MERINGUE (4,7)

STRAWBERRY ICE CREAM, STRAWBERRY SAUCE, CRUSHED MERINGUE AND WHIPPED CREAM

RUM, NUT AND RAISIN (4,7,10,11,14)

RUM N RAISIN ICE CREAM, CHOPPED NUTS, RAISINS AND WHIPPED CREAM

SORBET– PLEASE ASK FOR FLAVOURS

ICE CREAM 3 SCOOPS

TOFFEE, VANILLA, STRAWBERRY, RUM N RAISIN, MINT CHOC CHIP, BANOFFEE

ALLERGEN KEY

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| 1. CELERY | 8. MOLLUSCS |
| 2. GLUTEN | 9. MUSTARD |
| 3. CRUSTACEANS | 10. NUTS |
| 4. EGGS | 11. PEANUTS |
| 5. FISH | 12. SESAME SEEDS |
| 6. LUPIN | 13. SOYA |
| 7. MILK | 14. SULPHUR DIOXIDE |